**VALUES IN MY LIFE**

**WHAT DO ALL THESE VALUES REALLY MEAN?**

|  |  |  |  |
| --- | --- | --- | --- |
| Value | Definition | Value | Definition |
| Learning |  | Freedom |  |
| Individuality |  | Optimism |  |
| Equality |  | Health |  |
| Integrity |  | Love |  |
| Dependability |  | Beauty |  |
| Respect |  | Wisdom |  |
| Enjoyment/Fun |  | Power |  |
| Loyalty |  | Happiness |  |
| Dedication |  | Spirituality |  |
| Honesty |  | Peace |  |
| Teamwork |  | Security |  |
| Physical Fitness |  | Friends |  |
| Courage |  | Compassion |  |
| Family |  | Generosity |  |
| Humour |  | Forgiving |  |
| Enthusiasm |  | Motivation |  |

**WHAT VALUES MEAN THE MOST TO ME?**

|  |  |  |  |
| --- | --- | --- | --- |
| Value | Rank | Value | Rank |
| Learning |  | Freedom |  |
| Individuality |  | Optimism |  |
| Equality |  | Health |  |
| Integrity |  | Love |  |
| Dependability |  | Beauty |  |
| Respect |  | Wisdom |  |
| Enjoyment/Fun |  | Power |  |
| Loyalty |  | Happiness |  |
| Dedication |  | Spirituality |  |
| Honesty |  | Peace |  |
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| Humour |  | Forgiving |  |
| Enthusiasm |  | Motivation |  |

**REFLECTION**

*On your blog, write a brief (2 – 3 sentence) summary of the Values Auction. Remember to not use any names. Then, answer the following questions. Try to answer the questions within a succinct paragraph, not just Q&A-style.*

1. Which value did you win?
2. Why did you choose it?
3. Was that value in your top five?
4. What does your winning value tell you about your personal values?
5. What do your top five values tell you about your personal values?